

## The Victorian Treatment Rooms Autumn Spa Special



### Mind and Body Package

As the crisp autumn air settles in, treat yourself to the ultimate relaxation with our exclusive "Mind and Body Package." This soothing 60-minute experience combines a 30-minute Indian Head Massage with a 30-minute Back Massage, designed to melt away stress and rejuvenate both mind and body. Let our skilled therapists ease tension, improve circulation, and restore balance as you unwind in our tranquil spa setting.

Duration: 60 mins

Price: €95.00

*This treatment is available from Monday – Thursday only (exc. bank holidays) and subject to availability.*

*\*Please note that treatments must be booked in advance of arrival.*